

1	775	Paul	Newton	M	Redhill RR	0:32:45
2	795	David	Harrison	M	Thames H&H	0:33:19
3	646	Stephen	Jennings	M(V)	Notts AC	0:33:23
4	801	Andy	Mellor	M	Mansfield Harriers	0:33:26
5	717	Alan	Gourlay	M(V)	Redhill RR	0:33:30
6	465	Mark	Rose	M	Shepshed RC	0:33:37
7	870	Matt	Bristow	M	Notts AC	0:33:44
8	898	Andrew	Meakin	M	Redhill RR	0:33:47
9	884	Jason	Buckley	M	Heanor RC	0:33:50
10	860	Tony	Sullivan	M	Erewash RC	0:33:52
11	788	David	Brazener	M	Notts AC	0:34:01
12	806	Dave	Boot	M	Long Eaton RC	0:34:06
13	908	Paul	Fooks	M	HPRC	0:34:38
14	672	Colin	Singleton	M(V)	Kimberley	0:34:53
15	713	Glen	Coleman	M	Long Eaton RC	0:34:55
16	473	Steve	Taylor	M	U/A	0:35:02
17	656	Peter	Marshall	M	Redhill RR	0:35:15
18	526	A	Marriott	M	Long Eaton RC	0:36:16
19	907	Mark	Clayton	M	Nottm. Univ	0:36:23
20	863	Graeme	Brown	M	Redhill RR	0:36:25
21	571	Martin	Goodall	M	Long Eaton RC	0:36:39
22	529	Ashok	Patel	M(V)	Long Eaton RC	0:36:44
23	709	Ann	Ford	F(LV)	Redhill RR	0:36:46
24	791	Julian	Richardson	M	Redhill RR	0:36:49
25	603	Matthew	Nutt	M	U/A	0:36:52
26	553	Steve	Motley	M	Total Fitness	0:36:54
27	580	Steve	Bolton	M(V)	U/A	0:37:06
28	720	Stephen	Butler	M	Formula One	0:37:12
29	840	John	Casswell	M	Long Eaton RC	0:37:17
30	543	Ian	Adkin	M	Long Eaton RC	0:37:27
31	896	Clive	Greyson	M	Redhill RR	0:37:32
32	491	Graham	Moffatt	M	HPRC	0:37:37
33	807	Bruce	Danby	M(V)	Southwell RC	0:37:42
34	507	Alan	Birchmore	M	Long Eaton RC	0:37:50
35	680	Mark	Derry	M	U/A	0:37:57
36	498	Steve	Beck	M	U/A	0:38:01
37	731	Mike	Musson	M	U/A	0:38:06
38	835	Neil	Langham	M	Kimberley	0:38:11
39	800	Richard	Roper	M	U/A	0:38:16
40	699	John	O'Donnell	M(V)	Siemens RC	0:38:18
41	719	Verity	Butler	F(L)	Formula One	0:38:22
42	823	Paul	Reddish	M	U/A	0:38:22
43	904	Neil	Devonport	M(V)	Notts AC	0:38:25
44	694	Robin	Lloyd	M(V)	U/A	0:38:31
45	470	Stephen	Rodgers	M	U/A	0:38:37
46	686	Tony	Blythe	M	U/A	0:38:38
47	766	T	Chambers	M(V)	U/A	0:38:42
48	591	Martin	Tilling	M	Long Eaton RC	0:38:52
49	745	Andy	Summers	M	TRA	0:38:53
50	464	J	Kujawinski	M(V)	Carlton Forum	0:38:57
51	554	J	Hutton	M(V)	U/A	0:39:04
52	615	Gary	Taylor	M(V)	U/A	0:39:05
53	471	Alan	Mellors	M	U/A	0:39:12
54	581	Mark	Rowlson	M	U/A	0:39:17
55	625	Jez	Smedley	M	Notts AC	0:39:20
56	555	Joseph	Nagle	M	Long Eaton RC	0:39:22
57	693	Tim	Lloyd	M	U/A	0:39:28
58	707	David	Bland	M(V)	HPRC	0:39:30
59	660	Mike	Garton	M(V)	Charnwood AC	0:39:33
60	892	John	Thornhill	M(V)	Rolls Royce	0:39:38
61	533	Alex	Copping	M	U/A	0:39:39
62	749	Peter	Webber	M	U/A	0:39:40
63	869	Sean	McReynolds	M	Long Eaton RC	0:39:49
64	828	Shaun	Nee	M(V)	Notts AC	0:39:53
65	681	Chas	Bickford	M	HPRC	0:39:54
66	776	Peter	Borland	M	Notts AC	0:40:05
67	827	Philip	Jackson	M(V)	Rushcliffe	0:40:14
68	592	David	Lathbury	M	U/A	0:40:18

69	885	Phil	Wallis	M	Long Eaton RC	0:40:32
70	649	David	Smith	M	Siemens RC	0:40:33
71	678	Andy	Morris	M	Long Eaton RC	0:40:38
72	728	Brian	Drescher	M(V)	Southwell RC	0:40:40
73	483	Terry	Lister	M(V)	U/A	0:40:44
74	909	Philip	Walters	M	Long Eaton RC	0:40:56
75	831	Colin	Walker	M(V)	Erewash RC	0:40:56
76	651	Peter	Dreyer	M(V)	Redhill RR	0:40:59
77	790	Nathan	Baldwin	M	Redhill RR	0:41:04
78	871	John	Hammond	M(V)	Long Eaton RC	0:41:06
79	565	Paul	Russell	M	U/A	0:41:16
80	633	Harvey	Underwood	M	U/A	0:41:19
81	760	Michael	Knight	M(V)	Derby County AC	0:41:22
82	859	Thomas	Durance	M	Southwell RC	0:41:22
83	493	Jez	Page	M	Ropsley RR	0:41:22
84	765	Trevor	Lespeare	M	Siemens RC	0:41:24
85	805	Neil	Sandom	M	U/A	0:41:28
86	778	C	Gosling	M	U/A	0:41:34
87	517	Don	Scott	M(V)	U/A	0:41:37
88	582	Jason	Rawlings	M	TA Trotters	0:41:40
89	637	Simon	Johnston	M	U/A	0:41:40
90	542	Roy	Dolynskyj	M	Notts AC	0:41:42
91	695	Michael	Thornton	M	U/A	0:41:43
92	894	Ian	Nicholson	M(V)	Rushcliffe	0:41:50
93	577	P	Bull	M(V)	Rushcliffe	0:41:53
94	876	Lee	Collinson	M(V)	Derbys Police	0:42:00
95	814	R	George	M(V)	Siemens RC	0:42:00
96	597	Gary	McCready	M	U/A	0:42:07
97	478	I	Revans	M	U/A	0:42:11
98	841	Paul	Smalley	M	U/A	0:42:17
99	644	David	Worthy	M(V)	Vegetarian C&AC	0:42:18
100	703	Luigi	De Girolamo	M	TNTU	0:42:20
101	664	Stuart	Cook	M(V)	U/A	0:42:21
102	578	Glenn	Chambers	M	Notts Police	0:42:24
103	895	Steve	Clarke	M	U/A	0:42:25
104	697	Mark	Taylor	M(V)	Redhill RR	0:42:25
105	575	Orlando	Davy	M	Siemens RC	0:42:27
106	585	Mick	Hughes	M	U/A	0:42:30
107	744	Craig	Cameron	M	Redhill RR	0:42:31
108	714	Iain	McGuinness	M	U/A	0:42:41
109	520	Phil	Huxley	M(V)	HPRC	0:42:43
110	653	Darren	Shaw	M	U/A	0:42:44
111	793	Ian	Beesley	M(V)	Rushcliffe	0:42:46
112	479	David	Leech	M(V)	Carlton Forum	0:42:47
113	503	Shaun	Burton	M	Long Eaton RC	0:42:51
114	652	Taff	Ramsey	M(V)	Redhill RR	0:43:02
115	536	Peter	Speakman	M	Redhill RR	0:43:05
116	875	Graeme	Beech	M(V)	U/A	0:43:05
117	730	F	Skillington	M(V)	U/A	0:43:09
118	677	William	Bradlow	M	U/A	0:43:11
119	748	Andrew	Dickson	M	Rolls Royce	0:43:16
120	512	Mark	Balmbra	M	Total Fitness	0:43:20
121	780	Phil	Harrison	M	U/A	0:43:20
122	832	G	Renshaw	M(V)	Newark AC	0:43:22
123	531	Paul	Winfield	M	U/A	0:43:22
124	594	Ian	Price	M	U/A	0:43:25
125	846	Steve	Reast	M	U/A	0:43:25
126	763	Andrew	Stevens	M	U/A	0:43:25
127	598	David	Limb	M(V)	Long Eaton RC	0:43:30
128	813	Graham	Beniston	M(V)	Siemens RC	0:43:32
129	546	Simon	Tribble	M	U/A	0:43:35
130	690	Nigel	Starr	M(V)	Erewash RC	0:43:37
131	844	Mya	Baker	F(LV)	Notts AC	0:43:39
132	574	Maddy	Collinge	F(LV)	Mansfield Harriers	0:43:40
133	782	P	Hardy	M	U/A	0:43:42
134	638	R	Crocker	M(V)	U/A	0:43:43
135	753	K	Dawson	M	U/A	0:43:45
136	522	Joe	Pidgeon	M(V)	HPRC	0:43:47

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137	906	David	Armstrong	M(V)	U/A	0:43:49
138	584	Michael	Monks	M(V)	Redhill RR	0:43:51
139	865	Wayne	Askew	M	U/A	0:43:54
140	851	Andy	Pidduck	M	U/A	0:43:57
141	786	Paul	Freeman	M	Erewash RC	0:44:00
142	568	Philip	Pointon	M(V)	U/A	0:44:02
143	834	Brian	Moon	M(V)	Redhill RR	0:44:05
144	487	Clive	Lobley	M	TA Trotters	0:44:06
145	596	Lisa	Austin	F(L)	HPRC	0:44:09
146	505	Simon	Martin	M	U/A	0:44:11
147	617	Ivor	Davies	M(V)	U/A	0:44:12
148	833	John	Hubbard	M(V)	Newark AC	0:44:14
149	618	Anthony	Tierney	M(V)	U/A	0:44:15
150	474	Louise	Wilkinson	F(LV)	Erewash RC	0:44:17
151	821	Tim	Reddish	M(V)	Notts AC	0:44:18
152	819	Lisa	Reddish	F(L)	Notts AC	0:44:18
153	911	Peter	Butler	M(V)	U/A	0:44:21
154	850	A	Silver	M	U/A	0:44:28
155	602	Kevin	Humphreys	M	Redhill RR	0:44:33
156	634	Ian	Booty	M	U/A	0:44:45
157	561	Jeremy	Galgut	M	U/A	0:44:47
158	635	Ray	Blasdale	M(V)	Hucknall RR	0:44:48
159	837	D	O'Neill	M(V)	Redhill RR	0:44:56
160	477	Julian	Bingham	M	U/A	0:44:56
161	803	Gregory	Shaw	M(V)	Redhill RR	0:45:03
162	781	John	Bailey	M	U/A	0:45:04
163	733	A	Preece	M(V)	Redhill RR	0:45:08
164	674	Andrew	Stredder	M	Redhill RR	0:45:11
165	901	Craig	Maddison	M	U/A	0:45:15
166	771	Stephen	Maszota	M	U/A	0:45:17
167	563	Tony	Farrelly	M	U/A	0:45:20
168	688	D	Noall	F(L)	Redhill RR	0:45:24
169	732	Fraser	Simpson	M	U/A	0:45:27
170	588	Ibby	Neville	F	TA Trotters	0:45:27
171	712	Mark	Smith	M	U/A	0:45:29
172	631	Nigel	Bowler	M	U/A	0:45:33
173	777	Penny	Durance	F(LV)	Southwell RC	0:45:37
174	691	Geoff	Neill	M	U/A	0:45:37
175	740	Alan	North	M(V)	RRC	0:45:41
176	852	Chris	Nye	M(V)	Derbys Police	0:45:42
177	609	Steve	Roberts	M	Redhill RR	0:45:44
178	804	Stephen	Ingers	M(V)	Long Eaton RC	0:45:46
179	521	Hilary	Hare Duke	F(LV)	HPRC	0:45:49
180	757	A	Dobinson	M(V)	U/A	0:45:50
181	668	P	Thorburn	M(V)	Long Eaton RC	0:45:50
182	622	Helen	Metcalfe	F(L)	Redhill RR	0:45:51
183	640	Cheralynne	Todd	F(L)	HPRC	0:45:52
184	704	Lisa	McDonagh	F(L)	TNTU	0:45:54
185	624	Jonathan	Cravon	M	U/A	0:45:58
186	497	Nick	Morley	M	U/A	0:46:04
187	623	Stewart	Cravon	M(V)	U/A	0:46:10
188	614	C	Gell	M	Notts Police	0:46:11
189	506	G	Foulkes-Willi	M(V)	U/A	0:46:16
190	612	Dennis	Reeson	M(V)	Redhill RR	0:46:19
191	576	S	Birmingham	M(V)	U/A	0:46:29
192	883	Julian	Skoyles	M	U/A	0:46:32
193	662	David	Mellors	M(V)	U/A	0:46:34
194	548	Dorothy	Michalak	F(LV)	HPRC	0:46:34
195	845	John	Williamson	M	U/A	0:46:40
196	654	Rachael	Bryant	F(L)	Carlton Forum	0:46:49
197	544	Heather	Fielding	F(LV)	Carlton Forum	0:46:51
198	579	Mark	Webster	M	Notts Police	0:46:54
199	641	Angela	Naylor	F(LV)	HPRC	0:46:56
200	887	Stacy	Newton	M	U/A	0:46:57
201	724	Graham	Marshall	M(V)	U/A	0:47:00
202	779	Stephen	Wright	M	U/A	0:47:03
203	643	Diana	Worthy	F(LV)	Vegetarian C&AC	0:47:08
204	639	Robert	Duff	M(V)	Long Eaton RC	0:47:08

205	593	Andrew	Stables	M	U/A	0:47:09
206	811	Tony	Birchmore	M(V)	Long Eaton RC	0:47:09
207	556	Hugh	Turner	M(V)	Midland Vets AC	0:47:18
208	657	Neal	Matthew	M	U/A	0:47:19
209	675	Rachel	Calvor	F(L)	Redhill RR	0:47:23
210	725	Richard	Lee	M	U/A	0:47:25
211	667	P	Ellis	M	U/A	0:47:49
212	616	Stephen	Newell	M(V)	U/A	0:47:56
213	838	Jayne	Rogerson	F(LV)	Southwell RC	0:48:01
214	738	M	Davey	M(V)	Erewash RC	0:48:08
215	758	Ron	Turner	M(V)	U/A	0:48:10
216	902	J	Rainbow	M(V)	U/A	0:48:12
217	900	Lee	Rowcroft	M	U/A	0:48:12
218	768	Sally	Smith	F(LV)	Shepshed RC	0:48:19
219	666	Alan	Bird	M(V)	Ropsley RR	0:48:27
220	572	Sandy	Poole	F(LV)	HPRC	0:48:34
221	658	Bryn	Etches	M	U/A	0:48:36
222	532	Andy	Scott	M(V)	HPRC	0:48:42
223	755	Jonathan	Crannage	M	U/A	0:48:46
224	676	S	Neophytou	M	Nottm. Univ	0:48:48
225	701	Alan	Cookson	M(V)	U/A	0:48:49
226	706	Christine	Bland	F(LV)	HPRC	0:48:51
227	856	J	Nye	M(V)	Derbys Police	0:48:52
228	685	Simon	Keating	M(V)	U/A	0:48:59
229	817	Richard	Beresford	M	U/A	0:49:05
230	466	John	Tidmarsh	M(V)	U/A	0:49:16
231	764	Tony	Eggleton	M(V)	Notts Police	0:49:23
232	659	A	Byrne	M(V)	Erewash RC	0:49:28
233	864	Yvonne	Murray	F(LV)	Notts AC	0:49:33
234	647	Peter	Marshall	M(V)	U/A	0:49:37
235	772	Mike	Green	M	U/A	0:49:40
236	566	Olga	Emmerson	F(LV)	Long Eaton RC	0:49:44
237	785	Gill	Nicholson	F(LV)	Rushcliffe	0:49:49
238	899	Simon	Jones	M	U/A	0:49:53
239	889	John	Brough	M(V)	Derbys Police	0:49:54
240	549	D	Burnett	M(V)	Long Eaton RC	0:49:57
241	836	Charlotte	Deney	F(L)	Kimberley	0:50:02
242	692	R	Rust	M(V)	U/A	0:50:03
243	847	Ian	Fernie	M(V)	U/A	0:50:04
244	783	Malcolm	Bills	M(V)	Notts Police	0:50:09
245	843	John	Hopkinson	M(V)	Southwell RC	0:50:10
246	787	Martin	Barkley	M(V)	U/A	0:50:16
247	886	R	Stork	M(V)	U/A	0:50:18
248	891	Dave	Higgins	M(V)	U/A	0:50:18
249	736	Gary	Reece	M	U/A	0:50:22
250	547	Brendan	Dawson	M(V)	U/A	0:50:24
251	518	Chris	Leedham	M(V)	U/A	0:50:33
252	595	John	Fee	M	U/A	0:50:35
253	910	Paul	Jaruzewski	M(V)	Erewash RC	0:50:38
254	489	Mark	Wragg	M	U/A	0:50:43
255	705	Peter	Rowlatt	M(V)	Siemens RC	0:50:49
256	769	S	Smellie	M(V)	Notts Police	0:51:14
257	737	Ronald	Allsop	M(V)	Erewash RC	0:51:17
258	551	Paul	Whitehead	M	U/A	0:51:19
259	747	Deborah	Woodings	F(LV)	U/A	0:51:22
260	854	Steve	Gill	M	U/A	0:51:23
261	684	Emma	Giddings	F(L)	U/A	0:51:26
262	853	Pip	Basford	F(LV)	U/A	0:51:32
263	855	David	Gill	M(V)	U/A	0:51:43
264	729	David	Bull	M(V)	U/A	0:51:46
265	822	James	Parry	M	TNTU	0:52:41
266	816	J	Davies	M(V)	Redhill RR	0:52:59
267	726	Peter	Murphy	M(V)	U/A	0:53:12
268	583	Jackie	Dennis	F(LV)	Wreake Runners	0:53:23
269	501	Andrew	Fretter	M	U/A	0:53:25
270	890	S	Shaw	M	U/A	0:53:26
271	610	S	McLoughlin	F(LV)	Kimberley	0:53:36
272	893	Dan	Higgins	M	U/A	0:53:42

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273	528	Andrew	Terry	M(V)	U/A	0:53:45
274	897	R	Andrews	M(V)	Carlton Forum	0:53:50
275	570	Julia	Pickerill	F(LV)	U/A	0:54:13
276	761	John	Fryer	M(V)	U/A	0:54:35
277	494	D	Ross	M(V)	U/A	0:54:43
278	794	Marlene	Beesley	F(LV)	Rushcliffe	0:55:03
279	569	Gary	Mitchell	M	Notts Police	0:55:16
280	541	David	Ballantine	M	U/A	0:55:18
281	754	Keith	Rainford	M(V)	U/A	0:55:19
282	888	Benedict	O'Brien	M	U/A	0:55:24
283	516	Stuart	Fielder	M(V)	Rushcliffe	0:55:26
284	868	Vivien	Sloan	F(LV)	U/A	0:55:30
285	510	Lloyd	Prosser	M	U/A	0:56:08
286	752	Ges	Boen	M(V)	Long Eaton RC	0:56:22
287	905	Jane	Meade	F(LV)	Southwell RC	0:56:46
288	903	I	Travis	F(L)	U/A	0:56:46
289	468	Howard	Pask	M(V)	St John's RC	0:56:53
290	589	Richard	Tomlinson	M	U/A	0:57:06
291	509	Glynis	Prosser	F(LV)	U/A	0:57:18
292	500	Vickie	Hardy	F(L)	U/A	0:57:24
293	759	Pam	Novak	F(LV)	Long Eaton RC	0:57:41
294	858	Glenis	Clarke	F(LV)	Long Eaton RC	0:57:46
295	663	Terry	Simms	M(V)	Beaumont Leys RC	0:59:17
296	645	Stephanie	Shaw	F(LV)	Beaumont Leys RC	0:59:17
297	825	Ray	Cross	M(V)	U/A	1:03:26
298	792	Glyn	Beck	M	U/A	1:10:34

Individual Results Summary

1	775	Paul	Newton	M	Redhill RR	0:32:45
2	795	David	Harrison	M	Thames H&H	0:33:19
3	646	Stephen	Jennings	M(V)	Notts AC	0:33:23
4	801	Andy	Mellor	M	Mansfield Harriers	0:33:26
5	717	Alan	Gourlay	M(V)	Redhill RR	0:33:30
6	465	Mark	Rose	M	Shepshed RC	0:33:37
7	870	Matt	Bristow	M	Notts AC	0:33:44
8	898	Andrew	Meakin	M	Redhill RR	0:33:47
9	884	Jason	Buckley	M	Heanor RC	0:33:50
10	860	Tony	Sullivan	M	Erewash RC	0:33:52

Ladies Results Summary

1	709	Ann	Ford	F(LV)	Redhill RR	0:36:46
2	719	Verity	Butler	F(L)	Formula One	0:38:22
3	844	Mya	Baker	F(LV)	Notts AC	0:43:39
4	574	Maddy	Collinge	F(LV)	Mansfield Harriers	0:43:40
5	596	Lisa	Austin	F(L)	HPRC	0:44:09

Individual Prize Results

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1	20
2	28
3	32
4	38
5	15
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