

HPRC Track Championships 2018

Wednesday 18th July, Bingham

| HPRC Champions | | | Record Breakers |
|----------------|------------------|----------------|---|
| 800m | Christine Heaton | James Kirkwood | Emma Cupitt (W35), James Kirkwood (SM) |
| 100m | Editha Van Loon | Michael Miller | Emma Cupitt (W35) |
| 400m | Editha Van Loon | Michael Miller | Emma Cupitt (W35), Michael Miller (all time record), Howard Partridge (V65) |
| 3000m | Hannah Sampson | Oliver Matharu | Hannah Sampson (all time record), Oliver Matharu (SM), Andy Barron (V35) |
| 1 mile | Christine Heaton | Matthew Nutt | Matthew Nutt (all time record) |

800m - 19:00

Heat 1

| | Club | Time | Category |
|------------------|---------------------|---------|----------|
| Kev Ford | Holme Pierrepont RC | 02:40.3 | V60 |
| Caitlin Bradbury | Beeston AC | 02:47.0 | SF |
| Tom Spelman | Newark Striders | 02:55.9 | V45 |
| Mark Rowlson | Beeston AC | 02:58.7 | V50 |
| Diana Wakefield | NOTFAST | 02:59.9 | W45 |
| Lisa Chan | Holme Pierrepont RC | 03:04.5 | W45 |
| Sue Chicken | Holme Pierrepont RC | 03:13.9 | W50 |
| Philippa Clarke | Newark Striders | 03:19.2 | SF |
| Chris Bexton | Beeston AC | 03:23.8 | W55 |
| William Scott | Holme Pierrepont RC | 03:55.5 | V70 |
| Friedel Plant | Holme Pierrepont RC | 04:08.9 | W70 |

Heat 2

| | Club | Time | Category |
|------------------|---------------------|---------|----------|
| Dave Evans | Beeston AC | 02:41.3 | V45 |
| Rupert Killik | Holme Pierrepont RC | 02:42.0 | V45 |
| Chris Brawn | Holme Pierrepont RC | 02:42.8 | V40 |
| Joon Ho | Holme Pierrepont RC | 02:46.5 | SM |
| Christine Heaton | Holme Pierrepont RC | 02:48.2 | W50 |
| Ruth Brandon | Holme Pierrepont RC | 02:50.2 | W45 |
| Emma Cupitt | Holme Pierrepont RC | 02:51.2 | W35 |
| Ann Gould | Holme Pierrepont RC | 03:00.1 | W35 |
| Stuart Brook | Holme Pierrepont RC | 03:05.9 | V65 |
| Liam Bagguley | Newark AC | 03:11.9 | SM |
| Vicky Thurlby | Holme Pierrepont RC | 03:12.3 | W35 |

Heat 3

| | Club | Time | Category |
|----------------|---------------------|---------|----------|
| Marc Scott | Rushcliffe AC | 02:10.2 | SM |
| James Kirkwood | Holme Pierrepont RC | 02:11.5 | SM |
| Oli Matharu | Holme Pierrepont RC | 02:13.6 | SM |
| Jan Bailey | Newark Striders | 02:19.2 | V40 |
| Neil Cooper | Holme Pierrepont RC | 02:20.6 | SM |

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| Rob Stewart | Holme Pierrepont RC | 02:20.7 | V45 |
| Phil Herd | Beeston AC | 02:23.6 | V40 |
| Will Meredith | Holme Pierrepont RC | 02:28.0 | V45 |
| Javi Cabrero | Holme Pierrepont RC | 02:31.3 | SM |
| Alex Ferrari | Holme Pierrepont RC | 02:45.5 | V35 |
| Dave Hodson | Holme Pierrepont RC | 02:50.7 | V35 |

100m - 19:20

| Heat 1 | Club | Time | Category |
|-----------------|---------------------|---------|----------|
| Emma Cupitt | Holme Pierrepont RC | 00:16.5 | W35 |
| Diana Wakefield | NOTFAST | 00:16.7 | W45 |
| Jan Atkinson | Holme Pierrepont RC | 00:17.3 | W45 |
| Karan Skinner | Holme Pierrepont RC | 00:17.4 | W35 |
| Sandy Poole | Holme Pierrepont RC | 00:23.3 | W70 |

| Heat 2 | Club | Time | Category |
|-----------------|---------------------|---------|----------|
| Nicola Bradley | Newark Striders | 00:15.3 | W35 |
| Jess Gordon | Newark Striders | 00:15.7 | W35 |
| Peter Gale | Holme Pierrepont RC | 00:15.8 | V50 |
| Editha Van Loon | Holme Pierrepont RC | 00:16.4 | W45 |
| Sue Chicken | Holme Pierrepont RC | 00:16.5 | W50 |
| Naomi Walters | Holme Pierrepont RC | 00:17.3 | SF |

| Heat 3 | Club | Time | Category |
|--------------------|---------------------|---------|----------|
| Michael Miller | Holme Pierrepont RC | 00:13.1 | SM |
| Steve Eatherington | Holme Pierrepont RC | 00:13.5 | V35 |
| Alex Ferrari | Holme Pierrepont RC | 00:14.0 | V35 |
| Martin Phillips | Rushcliffe AC | 00:14.3 | V60 |
| Rupert Killik | Holme Pierrepont RC | 00:14.5 | V45 |
| Rob Stewart | Holme Pierrepont RC | 00:15.0 | V45 |

400m - 19:40

| Heat 1 | Club | Time | Category |
|---------------|---------------------|---------|----------|
| Chris Brawn | Holme Pierrepont RC | 01:11.7 | V40 |
| Tom Spelman | Newark Striders | 01:14.5 | V45 |
| Emma Cupitt | Holme Pierrepont RC | 01:18.3 | W35 |
| Ann Gould | Holme Pierrepont RC | 01:19.6 | W35 |
| Karan Skinner | Holme Pierrepont RC | 01:25.3 | W35 |
| Sandy Poole | Holme Pierrepont RC | 01:52.6 | W70 |

| Heat 2 | Club | Time | Category |
|---------------|---------------------|---------|----------|
| Rupert Killik | Holme Pierrepont RC | 01:13.3 | V45 |
| Sarah Tyler | Holme Pierrepont RC | 01:17.0 | SF |
| Jan Atkinson | Holme Pierrepont RC | 01:19.6 | W45 |
| Simon Heaton | Holme Pierrepont RC | 01:22.6 | V50 |

| Heat 3 | Club | Time | Category |
|------------------|---------------------|-------------|-----------------|
| Alex Ferrari | Holme Pierrepont RC | 01:08.1 | V35 |
| Howard Partridge | Holme Pierrepont RC | 01:09.2 | V65 |
| Jess Gordon | Newark Striders | 01:13.8 | W35 |
| Nicola Bradley | Newark Striders | 01:14.6 | W35 |
| Editha Van Loon | Holme Pierrepont RC | 01:15.4 | W45 |
| Christine Heaton | Holme Pierrepont RC | 01:18.7 | W50 |

| Heat 4 | Club | Time | Category |
|-----------------|---------------------|-------------|-----------------|
| James Scott | Rushcliffe AC | 00:54.6 | SM |
| Marc Scott | Rushcliffe AC | 00:57.3 | SM |
| Michael Miller | Holme Pierrepont RC | 00:58.2 | SM |
| Jan Bailey | Newark Striders | 01:01.4 | V40 |
| Richard Kelsey | Holme Pierrepont RC | 01:02.0 | SM |
| Martin Phillips | Rushcliffe AC | 01:09.7 | V60 |

3000m - 20:05

| Heat 1 | Club | Time | Category |
|----------------|---------------------|-------------|-----------------|
| Oli Matharu | Holme Pierrepont RC | 09:34.4 | SM |
| Andy Barron | Holme Pierrepont RC | 09:36.4 | V35 |
| Craig Taylor | Holme Pierrepont RC | 09:42.7 | V35 |
| Eddy George | Holme Pierrepont RC | 09:49.6 | SM |
| Dave Greenwood | Rushcliffe AC | 10:08.8 | V40 |
| Jan Bailey | Newark Striders | 10:21.8 | V40 |
| Ant Squire | Holme Pierrepont RC | 10:25.8 | V40 |
| Will Meredith | Holme Pierrepont RC | 10:26.9 | V45 |
| Becky Gallop | Newark AC | 10:29.0 | SF |
| Chris Rhodes | Holme Pierrepont RC | 10:59.3 | V35 |
| Stuart Turner | Holme Pierrepont RC | 11:25.8 | SM |
| Hannah Sampson | Holme Pierrepont RC | 11:36.7 | SF |
| Alex Ferrari | Holme Pierrepont RC | 11:39.0 | V35 |
| Neil Devonport | Holme Pierrepont RC | 11:48.7 | V60 |
| Mark Winter | Newark Striders | 12:34.6 | V45 |
| Peter Davis | Newark Striders | 12:40.8 | V65 |
| John Oldfield | Holme Pierrepont RC | 14:23.7 | V70 |
| Rachel Grant | Holme Pierrepont RC | 14:58.2 | V40 |

1 mile - 20:30

| Heat 1 | Club | Time | Category |
|------------------|---------------------|-------------|-----------------|
| Simon Leadley | Holme Pierrepont RC | 06:05.3 | SM |
| Dave Hodson | Holme Pierrepont RC | 06:10.0 | V35 |
| Caitlin Bradbury | Beeston AC | 06:29.7 | SF |
| Peter Davis | Newark Striders | 06:34.6 | V65 |
| Editha Van Loon | Holme Pierrepont RC | 06:36.2 | W45 |
| Mark Winter | Newark Striders | 06:41.0 | V45 |
| Lisa Chan | Holme Pierrepont RC | 06:43.6 | W45 |

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|---------------|---------------------|---------|-----|
| Stuart Brook | Holme Pierrepont RC | 06:52.3 | V65 |
| Simon Heaton | Holme Pierrepont RC | 06:53.2 | V50 |
| Vicky Thurlby | Holme Pierrepont RC | 07:03.4 | W35 |
| Peter Gale | Holme Pierrepont RC | 07:14.2 | V50 |
| Katie Holmes | Holme Pierrepont RC | 07:18.9 | W55 |

| Heat 2 | Club | Time | Category |
|------------------|---------------------|-------------|-----------------|
| Andy Soley | Holme Pierrepont RC | 05:19.6 | V35 |
| Simon Roberts | Newark Striders | 05:28.8 | SM |
| Kev Ford | Holme Pierrepont RC | 05:41.9 | V60 |
| Rob Stewart | Holme Pierrepont RC | 05:44.7 | V45 |
| Chris Brawn | Holme Pierrepont RC | 05:49.9 | V40 |
| Charlie Pearce | Beeston AC | 05:56.0 | V45 |
| Alex Ferrari | Holme Pierrepont RC | 06:03.6 | V35 |
| Joon Ho | Holme Pierrepont RC | 06:05.6 | SM |
| Stuart Turner | Holme Pierrepont RC | 06:07.6 | SM |
| Rupert Killik | Holme Pierrepont RC | 06:08.4 | V45 |
| Christine Heaton | Holme Pierrepont RC | 06:11.9 | W50 |
| Ruth Brandon | Holme Pierrepont RC | 06:13.2 | W45 |

| Heat 3 | Club | Time | Category |
|----------------|---------------------|-------------|-----------------|
| Matt Nutt | Holme Pierrepont RC | 04:44.2 | SM |
| Craig Taylor | Holme Pierrepont RC | 05:01.6 | V35 |
| Oli Matharu | Holme Pierrepont RC | 05:02.2 | SM |
| James Scott | Rushcliffe AC | 05:06.6 | SM |
| Marc Scott | Rushcliffe AC | 05:10.7 | SM |
| James Kirkwood | Holme Pierrepont RC | 05:13.7 | SM |
| Phil Herd | Beeston AC | 05:19.8 | V40 |
| Ant Squire | Holme Pierrepont RC | 05:22.9 | V40 |
| Neil Cooper | Holme Pierrepont RC | 05:24.7 | SM |
| Richard Kelsey | Holme Pierrepont RC | 05:25.1 | SM |
| Javier Cabrero | Holme Pierrepont RC | 05:25.3 | SM |