

5 Miles

Senior Men - Senior Women

Stewart Gregory	26:02	Hucknall	Mary Mills	32:22	Long Eaton
Peter Crew	26:31	Hucknall	Patti Cranton	32:33	Long Eaton
Matthew Moore	28:38	Epperstone	Sue Jones	34:19	Long Eaton
Graham Moffatt	28:39	Notts 5	Janie Pearce	35:47	Long Eaton
Mark Morgan	29:15	GP4 - Colwick Pk	Serena Webster	37:10	Notts 5
Wayne Cranton	29:19	Long Eaton	Fiona Moffatt	39:53	Notts 5
Chas Bickford-Smith	30:47	GP4 - Colwick Pk	Sue Jones	34:19	Notts 5
Steve Leek	33:32	GP4 - Colwick Pk	Anne Thompson	42:24	Hucknall
Keith Jamieson	34:21	Notts 5	Jacqueline Cameron	45:24	Notts 5
Michael Bland	34:51	GP4 - Colwick Pk	Julia Greenwood	46:19	Notts 5
Phil Wise	35:32	Notts 5	Liz Beckford-Smith	51:54	Notts 5
Andy Wilkinson	37:03	GP4 - Colwick Pk			
John McGinley	38:31	GP4 - Colwick Pk			

M40 - W40

Glyn Sawford	30:13	Hucknall	Sue Jones	32:00	Long Eaton
Neil Marshall	31:47	Notts 5	Hilary Hare Duke	35:22	GP4 - Colwick Pk
Peter Andrews	32:42	Epperstone	Dawn Waugh	38:17	Notts 5
Steve Page	33:41	GP4 - Colwick Pk	Mandy Andrews	40:11	Epperstone
Rob Crocker	33:55	Notts 5	Sian Maslin-Prothero	41:53	Long Eaton
Brian Gunn	34:34	Epperstone	Sheila Elliott	44:55	Long Eaton
Trevor Gard	35:02	Epperstone	Clare Crowther	47:58	GP4 - Colwick Pk
Joe Pidgeon	35:23	GP4 - Colwick Pk	Alison Bottomley	50:15	Notts 5
Richard Durance	36:52	Long Eaton			
Richard Elliott	36:05	GP4 - Colwick Pk			
Jerry Scarrott	37:55	GP4 - Colwick Pk			
Andy Scott	41:22	Notts 5			

M50 - W50

Derek Poole	31:21	Notts 5	Val Brockwell	36:31	Hucknall
Bernard Jarvis	31:39	Notts 5	Sandy Poole	37:32	GP4 - Colwick Pk
Trevor Gard	33:24	GP4 - Colwick Pk	Pat Robinson	42:23	GP4 - Colwick Pk
Steve Priscott	33:51	Notts 5			
Terry Bacon	34:05	GP4 - Colwick Pk			
Dave Cogman	35:44	Notts 5			
Tony Barry	35:52	Notts 5			
John Hardy	36:49	GP4 - Colwick Pk			
Phil Huxley	37:56	GP4 - Colwick Pk			
Colin Hendry	39:00	Notts 5			
Tony Trevorrow	40:29	GP4 - Colwick Pk			
Pat Walsh	41:57	GP4 - Colwick Pk			

M60

Derek Dent	35:07	Notts 5			
Neil Hamilton	37:13	Notts 5			
George Berry	37:31	Hucknall			

M70

John Foden 46:14 Long Eaton

10 km

Senior Men - Senior Women

Graham Moffatt	35:41	Rushcliffe	Patti Cranton	39:46	Hucknall
Matthew Moore	36:28	Battersea	Mary Mills	39:58	Notfast, Newark
Stewart Gregory	36:20	Shugborough	Sue Jones	40:56	GP1 - NWSC
Paul McBrearty	36:43	Battersea	Dorothy Michalak	44:30	Sinfin
Mark Morgan	37:09	GP1 - NWSC	Serena Webster	46:03	GP1 - NWSC
Wayne Cranton	39:06	Hucknall	Fiona Moffatt	48:55	Clumber Pk
Steve Leek	42:07	GP1 - NWSC	Emma Giddings	51:57	GP1 - NWSC
Simon Harris	42:10	Tara Kinder	Anne Thompson	53:42	Shepshed
Neil Smith	43:19	Sinfin	Lorraine Butterfield	53:45	Shepshed
Keith Jamieson	44:44	Notfast, Newark	Loreen Ralston	56:47	Rushcliffe
Michael Bland	44:48	Rushcliffe			
Don Wells	47:15	Bruges, Belgium			
Andy Wilkinson	47:56	Rushcliffe			
John McGinley	48:47	Tara Kinder			

M40 - W40

Pete Swords	37:20	Sinfin	Sue Jones	39:57	York
Peter Andrews	39:43	GP1 - NWSC	Hilary Hare Duke	43:52	Sinfin
John Naylor	40:29	Sinfin	Angela Naylor	45:49	Sinfin
Neil Marshall	40:42	Heanor	Dawn Waugh	47:05	GP1 - NWSC
Neil Devonport	40:56	Keyworth	Mandy Andrews	51:40	Rushcliffe
David Bland	41:41	Sinfin	Sian Maslin-Prothero	52:30	GP1 - NWSC
Steve Page	43:13	Hucknall	Sheila Elliott	52:39	Shepshed
Rob Crocker	43:14	Kimberley GFG	Chris Bland	53:07	Sinfin
Richard Durance	43:43	Southwell	Clare Crowther	53:52	GP1 - NWSC
Richard Elliott	44:50	Anglesey	Alison Bottomley	59:51	Rushcliffe
Jerry Scarrott	45:23	Heanor			
Joe Pidgeon	46:15	Tara Kinder			
Andy Wilkinson	47:10	Tara Kinder			

M50 - W50

Bernard Jarvis	39:04	GP1 - NWSC	Sandy Poole	46:51	Notfast, Newark
Derek Poole	39:35	Tara Kinder	Pat Robinson	53:30	GP1 - NWSC
Steve Priscott	40:38	Sinfin			
Dane Atkin	41:03	Kimberley GFG			
Phil Huxley	41:42	Notfast, Newark			
Trevor Gard	42:47	GP1 - NWSC			
Terry Bacon	43:31	Hucknall			
David Cogman	44:06	GP1 - NWSC			
Tony Barry	44:33	Kimberley GFG			
John Hardy	45:44	GP1 - NWSC			
William Scott	47:20	GP1 - NWSC			
Chris Hendry	49:09	Kimberley GFG			
Richard Elliott	49:10	Bestwood			
Pat Walsh	53:52	GP1 - NWSC			

M60

Frank Makin	43:27	Fleetwood
George Berry	47:07	Kimberley GFG
Stan Blythen	47:32	Tara Kinder
Derek Dent	48:24	Bestwood
Neil Hamilton	51:35	Notfast, Newark

M70

John Foden	1:02:49	Tara Kinder
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10 Miles**Senior Men - Senior Women**

Stewart Gregory	55:12	Stilton	Patti Cranton	1:07:15	Erewash 10
Matthew Moore	59:19	Notts 10 - NWSC	Mary Mills	1:07:35	Notts 10 - NWSC
Graham Moffatt	59:28	Erewash 10	Serena Webster	1:12:59	Notts 10 - NWSC
Wayne Cranton	1:05:44	Burton-on-Trent	Janie Pearce	1:13:10	Notts 10 - NWSC
Chas Bickford-Smith	1:07:22	Notts 10 - NWSC	Jo Maye	1:16:01	Cropwell Bishop
Steve Leek	1:11:20	Notts 10 - NWSC	Dorothy Michalak	1:19:13	Burton-on-Trent
Neil Smith	1:12:25	Notts 10 - NWSC	Nicki Marsh	1:24:01	Erewash 10
Max Collingwood	1:16:46	Lincoln			
Andy Wilkinson	1:18:59	Notts 10 - NWSC			
Rob Fisher	1:19:50	Cropwell Bishop			
Phil Wise	1:37:14	Cropwell Bishop			

M40 - W40

Neil Devonport	1:02:28	Lincoln	Sue Jones	1:07:45	Notts 10 - NWSC
Peter Andrews	1:08:26	Notts 10 - NWSC	Dawn Waugh	1:25:46	Cropwell Bishop
Rob Crocker	1:11:03	Notts 10 - NWSC	Sheila Elliott	1:27:17	Llandudno
Richard Durance	1:12:08	Notts 10 - NWSC	Mandy Andrews	1:28:38	Notts 10 - NWSC
Jerry Scarrott	1:13:59	Ropsley	Mandy Andrews	1:28:38	Notts 10 - NWSC
Richard Elliott	1:17:57	Erewash 10			
Brian Gunn	1:20:45	Cropwell Bishop			
Andy Scott	1:27:22	Erewash 10			

M50 - W50

Derek Poole	1:05:56	Notts 10 - NWSC	Val Brockwell	1:16:27	Henlow
Steve Priscott	1:07:57	Ropsley	Sandy Poole	1:16:58	Llandudno
Terry Bacon	1:11:15	Erewash 10	Pat Robinson	1:29:05	Notts 10 - NWSC
Dane Atkin	1:11:16	Cropwell Bishop			
Trevor Gard	1:11:19	Barnack			
Phil Huxley	1:12:25	Lincoln			
Tony Barry	1:15:37	Erewash 10			
Richard Elliott	1:18:48	Llandudno			
Alan Swales	1:24:02	Erewash 10			
Pat Walsh	1:30:32	Notts 10 - NWSC			

M60

George Berry	1:19:03	Erewash 10
Neil Hamilton	1:20:58	Notts 10 - NWSC
George Berry	1:25:03	Cropwell Bishop

M70**John Foden 1:41:14 Cropwell Bishop****Half Marathon****Senior Men - Senior Women**

Stewart Gregory	1:17:48	Bodmin	Patti Cranton	1:27:10	Wilmslow
Matthew Moore	1:23:31	Robin Hood	Mary Mills	1:27:33	Sheffield
Wayne Cranton	1:23:32	Wilmslow	Jo Maye	1:29:11	Wilmslow
Chas Bickford-Smith	1:25:52	Robin Hood	Dorothy Michalak	1:36:24	Belvoir (Hose)
Pete Exley	1:30:45	Sleaford	Rachael Watson	1:36:51	Robin Hood
Phil Wise	1:31:05	Robin Hood	Janie Pearce	1:41:55	Belvoir (Hose)
Paul Jacobs	1:31:33	Robin Hood	Nicki Marsh	1:51:30	Robin Hood
Mark Robinson	1:32:21	Worksop	Jenny Henderson	1:59:23	Bath
Henry Twigger	1:32:43	Belvoir (Hose)	Stephanie Strachan	2:02:53	Robin Hood
Simon Harris	1:33:30	Robin Hood	Anne Thompson	2:05:18	Robin Hood
Steve Leek	1:36:13	Robin Hood	Stephanie Morgan	2:06:37	Sleaford
Paul Jacobs	1:31:33	Robin Hood	Emma Harris	2:17:21	Robin Hood
Mark Robinson	1:32:21	Worksop			
Henry Twigger	1:32:43	Belvoir (Hose)			
Simon Harris	1:33:30	Robin Hood			
Steve Leek	1:36:13	Robin Hood			
Neil Smith	1:37:05	Belvoir (Hose)			
Simon Eastwood	1:39:11	Robin Hood			
Max Collingwood	1:44:18	Robin Hood			
Keith Jamieson	1:44:22	Robin Hood			
Andy Wilkinson	1:47:55	Worksop			

M40 - W40

David Bland	1:30:01	Belvoir (Hose)	Sue Jones	1:32:41	Robin Hood
Peter Andrews	1:30:58	Amsterdam	Hilary Hare Duke	1:33:38	Sleaford
John Naylor	1:31:23	Belvoir (Hose)	Angela Naylor	1:44:49	Belvoir (Hose)
George Williams	1:31:23	Belvoir (Hose)	Mandy Andrews	1:53:25	Belvoir (Hose)
Brian Gunn	1:31:30	Amsterdam	Dawn Waugh	1:54:58	Gt North Run
Richard Durance	1:32:25	Doncaster	Sheila Elliott	1:57:44	Worksop
Rob Crocker	1:35:04	Belvoir (Hose)	Sian Maslin-Prothero	1:59:03	Worksop
Steve Page	1:36:42	Robin Hood	Alison Bottomley	2:18:52	Robin Hood
Clarence Ward	1:37:22	Robin Hood			
Trevor Gard	1:38:03	Belvoir (Hose)			
Richard Elliott	1:38:40	Belvoir (Hose)			

M50 - W50

Derek Poole	1:24:51	Malta	Sandy Poole	1:40:12	Sleaford
Bernard Jarvis	1:26:52	Mansfield	Pat Robinson	1:56:56	Clowne
Dave Siggs	1:29:00	Robin Hood			
Steve Priscott	1:31:49	Robin Hood			
Dane Atkin	1:33:04	Sheffield			
Phil Huxley	1:33:06	Woodhall Spa			
Derek Poole	1:30:34	Bristol			
Steve Priscott	1:31:08	Turkey Trot			

Derek Poole	1:31:16	Worksop
Dave Siggs	1:31:24	Belvoir (Hose)
Steve Priscott	1:31:49	Robin Hood
Paul Sergent	1:31:59	Turkey Trot
Derek Poole	1:32:47	Woodhall Spa
Dane Atkin	1:33:04	Sheffield
Phil Huxley	1:33:06	Woodhall Spa
David Bland	1:35:26	Robin Hood
Terry Bacon	1:36:39	Newark
Tony Barry	1:37:24	Worksop
Richard Elliott	1:41:21	Robin Hood
Alan Swales	1:51:22	Robin Hood
Chris Hendry	1:54:05	Robin Hood
Pat Walsh	2:02:54	Robin Hood
Bryn Stone	2:04:21	Robin Hood

M60

Derek Dent	1:36:21	Robin Hood
George Berry	1:42:45	Worksop
Stan Blythen	1:47:04	Worksop
Neil Hamilton	2:07:22	Robin Hood
Ron Clements	2:18:52	Robin Hood

M70

John Foden	2:26:02	Mansfield
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Marathon

Senior Men - Senior Women

Mark Morgan	2:50:29	London	Patti Cranton	3:09:36	London
Dean Hughes	2:50:50	Leyland, Lancs	Jo Maye	3:23:20	London
Chas Bickford-Smith	3:24:03	London	Dorothy Michalak	3:33:41	Robin Hood
Henry Twigger	3:26:36	Robin Hood	Nicki Marsh	4:27:13	London

M40 - W40

Glyn Sawford	2:55:01	Robin Hood	Hilary Hare Duke	3:24:14	London
Neil Devonport	3:03:58	Robin Hood	Dawn Waugh	3:44:55	Robin Hood
Noel Fowler	3:04:30	Robin Hood	Mandy Andrews	4:28:07	Robin Hood
Peter Andrews	3:28:59	Robin Hood			
Richard Durance	3:38:43	London			
Dave Hughes	3:45:17	London			
Richard Elliott	4:03:50	London			
Doug Richardson	4:24:04	London			

M50 - W50

Derek Poole	3:20:12	Robin Hood	Sandy Poole	3:54:52	Padua, Italy
Tony Barry	3:46:17	London	Pat Robinson	4:11:16	Dublin
William Scott	3:51:33	Robin Hood			
Alan Swales	4:27:13	London			
Bernard Jarvis	4:45:38	Robin Hood			

M60

Derek Dent
Frank Makin

3:26:57
3:31:04

London
London