

5 Miles

Senior Men - Senior Women

Stephen Shanks	28:06	Boston	Barbara Lee	33:24	SL - NWSC
Graham Moffatt	28:25	SL NWSC	Claire Hayes	34:41	SL - NWSC
Steve Reeves	28:33	Wolverton	Fiona Moffatt	36:37	Notts 5
Matthew Grainge	29:24	SL NWSC	Charlotte Gault	37:07	SL - NWSC
Julian Crowther	29:33	Notts 5	Suze Watts	38:50	SL - NWSC
Mark Wyszynski	30:21	SL NWSC	Katherine Fatherley	40:46	GP4 - Colwick
Colin Hallam	31:29	SL NWSC	Karen Jarvis	41:24	GP4 - Colwick
Keith Jamieson	32:40	SL NWSC	Claire Preston	41:37	GP4 - Colwick
Kevin Dickinson	32:48	SL NWSC	Donna Kelly	46:00	GP4 - Colwick
Tristan Lomas	36:22	SL NWSC	Lorraine Butterfield	48:56	Whatstandwell
Andy Wilkinson	38:17	SL NWSC			
David Richards	39:04	Notts 5			
John Walton	40:03	SL NWSC			

M40 - W40

Stewart Gregory	26:52	Wolverton	Helen Byrne	32:50	SL NWSC
Matthew Moore	29:38	SL NWSC	Patti Cranton	33:21	SL NWSC
Neil Marshall	31:50	SL NWSC	Jane Beech	34:28	SL NWSC
Don Wells	32:00	SL NWSC	Christine Heaton	35:27	SL NWSC
Neil Devonport	33:16	SL NWSC	Hilary Hare Duke	35:42	SL NWSC
Steve Leek	35:20	Alsager	Mary Mills	36:05	SL NWSC
Peter Savage	36:10	SL NWSC	Dorothy Michalak	36:11	SL NWSC
John O'Shea	36:40	GP4 - Colwick	Su Lancaster	37:18	SL NWSC
John Porter	38:29	SL NWSC	Julie McGeorge	37:57	SL NWSC
John Goodman	38:37	GP4 - Colwick			

M50 - W50

Howard Partridge	29:44	SL NWSC	Penny Durance	38:09	SL NWSC
Dane Atkin	32:13	Notts 5	Lorraine Slight	40:29	GP4 - Colwick
Peter Knox	33:29	GP4 - Colwick	Carole Ward	46:27	GP4 - Colwick
Terry Bacon	35:19	Notts 5	Alison Bottomley	49:49	Notts 5
Jerry Scarrott	35:25	Notts 5			
Steve Page	35:37	Notts 5			
William Scott	37:56	SL NWSC			
Paul Boyd	39:03	Notts 5			
Richard Durance	39:04	SL NWSC			
Rob Crocker	39:11	Notts 5			
David Bland	39:11	Notts 5			
Chris Hendry	42:22	GP4 - Colwick			
Pat Walsh	47:11	GP4 - Colwick			

M60 - W60

Bernard Jarvis	32:06	SL NWSC	Sandy Poole	39:45	SL NWSC
Derek Poole	34:11	SL NWSC	Pat Robinson	40:19	SL NWSC
Frank Houvenhaghel	49:01	GP4 - Colwick			

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Frank Makin	36:31	Notts 5			
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10 km**Senior Men - Senior Women**

Graham Moffatt	35:53	Lincoln	Helen Byrne	41:18	Rushcliffe
Stephen Shanks	36:15	Eye	Jacqueline Wilson	42:15	Rushcliffe
Julian Crowther	36:42	GP NWSC	Lesley Crane	42:16	Rushcliffe
Matthew Grainge	36:54	Derby	Fiona Moffatt	43:35	Heanor
Mark Wyszynski	38:25	Jagermeister	Claire Hayes	44:07	Derby
Keith Jamieson	39:16	Merrill	Annie Acklam	46:57	Rushcliffe
Mark Novak	39:35	Derby	Claire Preston	48:17	Heanor
Simon Tribble	40:08	Caythorpe	Charlotte Gault	48:46	Jagermeister
Kevin Dickinson	41:50	Jagermeister	Suze Watts	51:34	Heanor
Joel Scott	45:43	Rushcliffe	Emma Kelly	52:56	GP NWSC
Andy Wilkinson	46:48	Rushcliffe	Donna Kelly	56:05	GP NWSC
John Goodman	48:15	Heanor			
Simon Leadley	49:20	Heanor			
Tristan Lomas	53:09	Friends, Nottingham			

M40 - W40

Stewart Gregory	33:53	Telford	Patti Cranton	41:20	Derby
Don Wells	40:34	Jagermeister	Serena Bignell	44:08	Stathern
Wayne Cranton	42:17	Derby	Lorraine Butterfield	44:22	Tara Kinder
Peter Savage	44:10	Rushcliffe	Hilary Hare Duke	45:38	Merrill
Andy Wilkinson	46:32	Caythorpe	Christine Heaton	45:39	Heanor
Max Collingwood	47:07	Caythorpe	Dorothy Michalak	45:47	Jagermeister
Steve Musson	47:54	Derby	Mary Mills	45:49	Caythorpe
Phil Wise	40:04	Caythorpe	Julie McGeorge	47:42	Rushcliffe
Neil Devonport	42:08	Rushcliffe	Charlotte Lynn	50:03	GP NWSC
Peter Andrews	43:26	Caythorpe	Mandy Andrews	55:34	Caythorpe
John O'Shea	43:44	Rushcliffe			

M50 - W50

Howard Partridge	37:10	Caythorpe	Penny Durance	48:33	GP NWSC
Dane Atkin	40:02	Rushcliffe	Alison Bottomley	57:12	Derby
Peter Knox	41:22	Merrill	Christine Bland	59:53	Rushcliffe
Steve Priscott	41:26	Caythorpe			
George Kujawinski	41:56	Caythorpe			
Jerry Scarrott	43:39	Rushcliffe			
John O'Shea	44:42	GP NWSC			
Steve Page	45:01	Chris Ingram 10k			
Terry Bacon	45:13	Rushcliffe			
Rob Crocker	45:17	Jagermeister			
Richard Michalak	45:39	Jagermeister			
David Bland	47:30	Caythorpe			
Paul Boyd	47:59	Jagermeister			
Bryn Stone	48:13	Caythorpe			
William Scott	49:42	GP NWSC			
Richard Durance	52:11	GP NWSC			
Colin Hallam Sr	52:27	Friends, Nottingham			
Chris Hendry	55:10	Friends, Nottingham			

Pat Walsh 57:40 Caythorpe

M60 - W60

Bernard Jarvis	40:36	Merrill	Sandy Poole	49:56	Caythorpe
Derek Poole	42:17	Caythorpe	Pat Robinson	54:00	Derby
George Buckley	45:38	Heanor			
David Cogman	45:55	Caythorpe			
Phil Huxley	49:25	Caythorpe			
Tony Hall	52:12	Notfast			
Frank Houvenhaghel	57:34	Jagermeister			

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Neil Hamilton	45:28	Pinchbeck			
Frank Makin	47:12	Merrill			

10 Miles

Senior Men - Senior Women

Stephen Shanks	59:43	Notts 10	Claire Hayes	1:14:53	Notts 10
Keith Jamieson	1:08:21	Brampton	Charlotte Gault	1:20:39	Notts 10
Peter Dennis	1:13:51	Notts 10	Suze Watts	1:26:37	Notts 10
John Goodman	1:18:03	Notts 10			
Tristan Lomas	1:21:27	Notts 10			

M40 - W40

Stewart Gregory	54:31	Notts 10	Helen Byrne	1:09:58	Notts 10
Don Wells	1:08:51	Notts 10	Lorraine Butterfield	1:15:44	Ilkeston
			Christine Heaton	1:17:54	Notts 10
			Dorothy Michalak	1:21:22	Notts 10
			Julie McGeorge	1:19:50	Notts 10

M50 - W50

Dane Atkin	1:07:00	Notts 10	Alison Bottomley	1:36:22	Notts 10
Terry Bacon	1:14:58	Notts 10			
Peter Savage	1:16:48	Notts 10			
Rob Crocker	1:18:32	Notts 10			
Jerry Scarrott	1:18:33	Notts 10			
David Bland	1:18:33	Notts 10			
William Scott	1:22:17	Notts 10			

M60 - W60

Derek Poole	1:09:43	Lytham St Annes	Sandy Poole	1:24:46	Notts 10
Neil Hamilton	1:26:47	Notts 10	Pat Robinson	1:29:53	Notts 10

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Neil Hamilton	1:19:26	John Fraser			
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Half Marathon

Senior Men - Senior Women

Stephen Shanks	1:18:14	Worksop	Anna Woolford	1:34:22	Belvoir
Julian Crowther	1:20:27	Newark	Jacqueline Wilson	1:34:34	Gt North Run

Graham Moffatt	1:21:22	Robin Hood	Fiona Moffatt	1:38:00	Worksop
Matthew Grainge	1:22:26	Sussex Beacon	Lorraine Butterfield	1:38:02	Belvoir
Simon Campbell	1:27:36	Robin Hood	Claire Hayes	1:40:18	Belvoir
Colin Hallam	1:27:51	Reading	Charlotte Gault	1:40:43	Robin Hood
Mark Wyszynski	1:28:15	Robin Hood	Clare Ablethorpe	1:41:12	Reading
Joel Scott	1:32:02	Clowne	Sarah Carroll	1:50:18	Robin Hood
Peter Armstrong	1:33:12	Robin Hood	Jennie Silkstone	1:51:17	Robin Hood
Andrew Page	1:33:23	Newark	Suze Watts	1:51:42	Robin Hood
Simon Tribble	1:34:29	Robin Hood	Dorte Kjaerulff	2:10:16	Robin Hood
Jim McEwan	1:37:29	Stafford	Catherine Raine	2:10:20	Robin Hood
Tristan Lomas	1:45:02	Reading	Helen Clarke	2:17:40	Robin Hood
John Goodman	1:49:04	Robin Hood	Tracey James	2:21:56	Robin Hood
Simon Campbell	1:28:54	Newark			
Colin Hallam	1:29:32	Robin Hood			
Kevin Dickinson	1:49:53	Eyam			
Shane Hugill	1:50:13	Worksop			
Andy Wilkinson	1:50:51	Worksop			
Dave Rickards	1:53:04	Robin Hood			
Ian James	2:10:26	Robin Hood			

M40 - W40

Stewart Gregory	1:13:19	East Retford	Patti Cranton	1:32:31	Newark
Julian Crowther	1:21:18	Selby	Helen Byrne	1:33:43	East Retford
Neil Devonport	1:25:43	Peterborough	Jane Beech	1:39:05	Robin Hood
Don Wells	1:26:58	Belvoir	Serena Bignell	1:39:44	Belvoir
Dave Siggs	1:33:35	Robin Hood	Susan Hales	1:39:57	Belvoir
Peter Andrews	1:35:25	Belvoir	Christine Heaton	1:40:59	Belvoir
George Kujawinski	1:36:24	Robin Hood	Hilary Hare Duke	1:41:07	Belvoir
Phil Wise	1:37:54	Belvoir	Julie McGeorge	1:41:50	Belvoir
Steve Leek	1:38:28	Silverstone	Mandy Andrews	2:03:24	Belvoir
Max Collingwood	1:43:07	Robin Hood	Hazel Jones	2:07:55	Robin Hood
Peter Savage	1:43:20	Belvoir	Lillian Greenwood	2:11:38	Worksop
Mark Cottam	1:46:52	Worksop			
Rob Plackett	1:48:24	Robin Hood			

M50 - W50

Dane Atkin	1:28:57	Belvoir	Carole Ward	2:07:13	Worksop
Clarence Ward	1:36:05	Worksop	Alison Bottomley	2:22:48	Robin Hood
Peter Knox	1:36:36	Robin Hood			
Steve Page	1:38:15	Worksop			
Rob Crocker	1:38:25	Belvoir			
Terry Bacon	1:40:23	Belvoir			
Richard Michalak	1:43:25	Mansfield			
Jerry Scarrott	1:44:03	Clowne			
Philip Roberts	1:45:05	Worksop			
Colin Hallam Sr	1:46:27	Reading			
William Scott	1:47:02	Newark			
Richard Elliott	1:47:55	Bridlington			
David Bland	1:49:19	Newark			

Peter Savage	1:52:55	Newark
Paul Boyd	1:53:04	Robin Hood
Bryn Stone	1:56:35	White Peak
Alan Lee	2:06:25	Robin Hood
Pat Walsh	2:10:48	Robin Hood

M60 - W60

Derek Poole	1:33:18	Bristol	Sandy Poole	1:46:27	Reading
Bernard Jarvis	1:33:42	Belvoir	Pat Robinson	1:59:13	Robin Hood
John Oldfield	1:42:38	Mansfield	Christine Oldfield	2:15:46	Mansfield
Neil Hamilton	1:45:41	Worksop			
David Cogman	1:47:07	East Retford			
Phil Huxley	1:48:18	East Retford			
Peter Wilkes	2:06:40	Robin Hood			
Frank Houvenhaghel	2:25:09	Robin Hood			

M70

Neil Hamilton	1:42:23	Newark
Frank Makin	1:45:50	Robin Hood

Marathon

Senior Men - Senior Women

Stephen Shanks	2:44:14	Robin Hood	Jacqueline Wilson	3:27:16	London
Julian Crowther	2:51:10	Abingdon	Fiona Moffatt	3:35:30	Robin Hood
Matthew Grainge	3:14:11	Robin Hood	Clare Ablethorpe	4:03:00	London
Jim McEwan	3:39:09	London			
Kevin Dickinson	3:45:29	Robin Hood			

M40 - W40

Stewart Gregory	2:32:26	London	Helen Byrne	3:16:19	Abingdon
Peter Andrews	3:22:40	Robin Hood	Patti Cranton	3:16:32	Abingdon
Gary Attewell	3:36:54	Robin Hood	Serena Bignell	3:27:20	Robin Hood
Phil Wise	3:46:19	London	Hilary Hare Duke	3:30:00	London
Richard Michalak	3:46:45	Robin Hood	Dorothy Michalak	3:42:23	Robin Hood
Glyn Sawford	3:51:05	Robin Hood	Jane Beech	3:45:01	London
Steve Leek	3:53:07	London	Christine Heaton	3:56:22	Robin Hood
Mark Cottam	4:13:16	Benidorm	Lillian Greenwood	4:45:43	New York
Max Collingwood	4:19:57	New York			

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Clarence Ward	3:33:35	Robin Hood
Colin Hallam Sr	3:48:12	London
Philip Roberts	3:51:51	Edinburgh
William Scott	3:59:46	Robin Hood
Terry Bacon	4:24:48	Robin Hood
Peter Savage	4:45:44	New York

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Bernard Jarvis	3:08:49	Robin Hood
Derek Poole	3:27:13	Abingdon