

## MEN'S TRACK RECORDS at 1<sup>st</sup> December 2023

### 100m

Sen	12.3	Simon Leadley	Bingham 19.06.2008
M35	12.4	Gary Neill	Bingham 1.05.2008
M40	12.9	Graham Moffatt	Bingham 1.05.2008
M45	13.63	Graham Moffatt	Derby 23.05.2015
M50	13.86	Graham Moffatt	Sheffield 14.07.2018
M55		Vacant	
M60	17.1	William Scott	Harvey Hadden 12.05.2012
M65	16.2	Howard Partridge	Bingham 19.07.2017
M70	18.13	William Scott	Harvey Hadden 12.05.2018
M75	28.6	John Oldfield	Masters, Western Australia 10.08.23

### 200m

Sen	25.6	Simon Leadley	Bingham 19.06.2008
M35	27.8	Steve Eatherington	Bingham 26.08.2015
M40	26.6	Graham Moffatt	Bingham 23.08.2009
M45	27.03	Graham Moffatt	Derby 23.05.2015
M50	29.1	Graham Moffatt	Wakefield 8.07.2018
M55	29.5	Howard Partridge	Bingham 1.05.2008
M60	35.5	Derek Poole	Bingham 4.06.2009
M65	33.4	Howard Partridge	Bingham 19.07.2017
M70	39.9	John Oldfield	Perth, Australia 19.11.2013
M75	39.1	Neil Hamilton	Bingham 26.08.2015
M80	57.6	John Oldfield	Perth, Australia 05.10.2023

### 400m

Sen	56.16	Andrew Reynolds	Loughborough 24.08.2019
M35	60.0	Steve Eatherington	Bingham 27.07.2016
M40	59.8	Graham Moffatt	Bingham 23.08.2009
M45	59.32	Graham Moffatt	Derby 23.05.2015
M50	61.3	Graham Moffatt	Bingham 19.06.2019
M55	71.2	Kevin Ford	Bingham 27.07.2016
M60	78.2	Derek Poole	Bingham 4.06.2009
M65	69.2	Howard Partridge	Bingham 18.07.2018
M70	82.7	John Oldfield	Perth, Australia 21.11.2013
M75	2:04.8	John Oldfield	Masters, Western Australia 17.08.23

### 800m

Sen	2:05.9	Philip Nind	Bingham 19.07.2023
M35	2:15.3	Joe O'Donnell	Bingham 19.07.2023
M40	2:12.6	Graham Moffatt	Bingham 1.05.2008
M45	2:08.63	Graham Moffatt	Birmingham 23.05.2015
M50	2:13.2	Graham Moffatt	Bingham 19.06.2019
M55	2:47.8	Chris Allen	Bingham 19.06.2019
M60	2:26.1	Howard Partridge	Bingham 1.05.2013
M65	2:38.5	Howard Partridge	Bingham 19.07.2017
M70	3:02.5	John Oldfield	Perth, Australia 10.12.2013
M75	3:22.9	Neil Hamilton	Bingham 26.08.2015
M80	4:31.12	John Oldfield	Perth, Australia 05.10.2023

### 1500m

Sen	4:33.3	Matt Nutt	Bingham 19.06.2019
M35	4:31.2	Andrew Barron	Bingham 19.06.2019
M40	4:40.9	Graham Moffatt	Bingham 19:06.2009
M45	4:27.43	Graham Moffatt	Loughborough 15.07.2015
M50	4:39.74	Graham Moffatt	Loughborough 29.07.2019
M55	4:58.7	Howard Partridge	Bingham 19.06.2008
M60	5:03.8	Howard Partridge	Bingham 1.05.2013
M65	5:50.80	John Oldfield	Lahti, Finland 6.08.2009
M70	6:06.5	John Oldfield	Perth, Australia 11.03.2014
M75	7:06.2	Neil Hamilton	Bingham 26.08.2015

### Mile

Sen	4:41.6	Philip Nind	Bingham 20.06.2023
M35	4:53.3	Graham Moffatt	Harvey Hadden 08.2007.
M40	4:55.0	Graham Moffatt	Harvey Hadden 16.07.2009
M45	4:55.1	Graham Moffatt	Harvey Hadden 19.06.2014
M50	5:00.0	Graham Moffatt	Harvey Hadden 19.07.2019
M55	5:03.0	Howard Partridge	Harvey Hadden 08.2007
M60	5:20.7	Howard Partridge	Harvey Hadden 06.2012
M65	6:15.2	John Oldfield	Perth, Australia 04.2009
M70	6:11.07	Neil Hamilton	Harvey Hadden 08.2006
M75	9:11.9	John Oldfield	Masters, Western Australia 31.08.23

### 3000m

Sen	9:25.8	Philip Nind	Bingham 19.07.2023
M35	9:36.4	Andrew Barron	Bingham 18.07.2018
M40	9:33.0	Paul Roome	Copenhagen 6.11.2017
M45	9:42.42	Graham Moffatt	Harvey Hadden 25.05.2014
M50	10:14.25	Graham Moffatt	Derby 12.05.2019
M55	10:24.7	Howard Partridge	Bingham 1.05.2008
M60	10:36.4	Howard Partridge	Bingham 4.09.2013
M65	12:19.1	John Oldfield	Perth, Australia 03.2009
M70	12:49.6	John Oldfield	Perth, Australia 29.11.2013
M75	15:44.4	Neil Hamilton	Bingham 26.08.2015
M80	17:38.4	John Oldfield	Perth, Australia 05.10.2023

### 5000m

Sen	15:45.0	Matthew Nutt	Bingham 6.09.2017
M35	16:44.0	Chris Campbell	Harvey Hadden 20.08.22
M40	17:08.5	Graham Moffatt	Harvey Hadden 06.2012
M45	17:08.8	Graham Moffatt	Harvey Hadden 14.06.13
M50	17:33.85	Graham Moffatt	Harvey Hadden 27.07.2019
M55		Vacant	
M60	18:03.2	Howard Partridge	Bingham 6.09.2012
M65	19:46.8	Martin Walters	Bingham 08.08.2023
M70	21:59.8	John Oldfield	Perth, Australia 3.12.2013
M75	29:47.2	John Oldfield	Perth, Australia 21.09.2023
M80	31:26.02	John Oldfield	Perth Australia 12.10.2023

### 10000m

Sen		Vacant	
M35		Vacant	
M40	37:32.9	Matthew Grange	Bingham 25.03.2018
M45	37:01.2	Graham Moffatt	Leicester 14.09.2016
M50		Vacant	
M55		Vacant	
M60	43:25.80	John Oldfield	Riccione, Italy 13.09.2007
M65	44:32.0	John Oldfield	Perth, Australia 6.11.2009
M70	47:46.9	John Oldfield	Perth, Australia 5.11.2013
M75		Vacant	

M80

9:00.06

John Oldfield

Perth Australia 12.10.2023